

Competition Athletics Timetable - Lloyd Elsmore 2024

Track events

9.30am 800m	Year 7 Girls Year 7 Boys Year 8 Girls Year 8 Boys
10.00am 100m Heats	Year 7 Girls Year 7 Boys Year 8 Girls Year 8 Boys
11.00am 400m Heats	Year 7 Girls Year 7 Boys Year 8 Girls Year 8 Boys
11.30am 200m Heats	Year 7 Girls Year 7 Boys Year 8 Girls Year 8 Boys
12.15am 400m Finals	Year 7 Girls Year 7 Boys Year 8 Girls Year 8 Boys
12.30pm 100m Finals	Year 7 Girls Year 7 Boys Year 8 Girls Year 8 Boys
1.00pm 200m	Year 7 Girls Year 7 Boys Year 8 Girls Year 8 Boys
1.30pm Relays	Year 7 mixed Year 8 mixed

Field events

9.30am	High Jump	Year 7 Girls
	Long Jump	Year 7 Boys
	Discus	Year 8 Girls
	Shot Put	Year 8 Boys
10.30am	Shot Put	Year 7 Girls
	High Jump	Year 7 Boys
	Long Jump	Year 8 Girls
	Discus	Year 8 Boys
11.30am	Discus	Year 7 Girls
	Shot Put	Year 7 Boys
	High Jump	Year 8 Girls
	Long Jump	Year 8 Boys
12.30pm	Long Jump	Year 7 Girls
	Discus	Year 7 Boys
	Shot Put	Year 8 Girls
	High Jump	Year 8 Boys

2 x Long Jump Pits Open - Girls/Boys split
 1 x Shot Put
 2 x High Jump
 1 x Discus

Students MUST bring:

Water Bottle

Hat

Sun Block

Jumper (and jacket)

Personal Medication

Waterproof top

An umbrella for shade
or blanket for warmth?

2.00pm Pack up

2.15pm Load Buses

*** 1500m will be run at school lunchtime on TBC**